

## Curriculum Vitae

Cathy J. Chovaz

### Education

Doctorate in Clinical Psychology 1994-1999 University of Western Ontario, London, Ontario, Dissertation: Relationship Representations of Deaf Adults

Masters of Counselling Psychology 1988-1990 University of Western Ontario, London, Ontario Thesis: Learned Helplessness as a Moderator of Psychosocial Outcome

Masters of Science in Nursing 1987-1988 (partial fulfillment of requirements) University of Western Ontario, London, Ontario

Honours Bachelors of Science in Nursing 1979-1983 University of Western Ontario, London, Ontario

### Work Experience

- 2009 – Present            Assistant Professor, Dept. of Psychology, Kings University College & Dept. of Psychiatry, Schulich School of Medicine, at the University of Western Ontario, London.
- 2008 - Present            Clinical Director, Deaf Kids Mental Health Clinic, London, Ontario
- 2006 - 2007                Clinical Director, Mental Health Services for the Deaf\*, Regional Mental Health Care London
- 2004 – 2006                Adjunct Professor, Faculty of Psychology, University of Western Ontario.
- 1999 - 2009                Psychologist - Robarts School for the Deaf, London.  
Focus: Assessment, counselling, consultation, supervision, research.
- 1998 - 1999                Doctoral Resident - London Health Sciences Centre.  
Focus: Assessment, therapy, research.
- 1994 - 1998                Research Assistant - Dr. D. Pederson, UWO.  
Focus: Attachment research.
- 1990 - 1993                Psychometrist - Robarts School for the Deaf, London  
Focus: Assessment.
- 1988 - 1990                Research Nurse - Dept. of Clinical Neurology, London Health

Sciences Centre.

1989-1990                    Master's Intern - University Hospital, London  
Focus: Counselling.

1983 - 1985                Reg. Nurse - Neonatal Intensive Care Unit, St. Joseph's Hospital,  
London.

### **Publications**

Du Feu, M. & Chovaz, C.J. (to be published 2012). Mental health and deafness. NW: Oxford University Press.

Chovaz, C.J. (submitted Aug. 2011). *A Case Study of a Deaf Child with Tourette's Disorder*. American Annals of the Deaf.

Chovaz, C.J. (2011). *The Differences in Our Similarities*. Journal of Deaf Studies and Deaf Education 2011; doi: 10.1093/deafed/enr002.

Murray, J.B., Klinger, L., Chovaz McKinnon, C. (2007). *The Deaf: An exploration of their participation in community life*. Occupational Therapy Journal of Research (Vol. 27, No. 3).

McKinnon, C. Chovaz, Moran, G. & Pederson, D. (2004). *Attachment Representations of Deaf Adults*. *The Journal of Deaf Studies and Deaf Education*, 9 (4).

McKinnon, C. Chovaz (2001). *Deafness is not a disease*. The Health Journal, 5 (4), 34.

McKinnon, C. Chovaz (November, 2000-June 2001). *Your Mental Health*. A monthly column in *Deaf Canada Today*. Deaf Canada Today News Co. Inc.

Chovaz, C. J. (1998). *Cultural aspects of Deafness*. In D. Evans & S. Kazarian (Eds.), *Cultural Clinical Psychology: Theory, Research, and Practice*. New York: Oxford University Press.

Chovaz, C. J., McLachlan, R. S., Derry, P. A., & Cummings, A. L. (1994). *Psychosocial function following temporal lobectomy: influence of seizure control and learned helplessness*. *Seizure*, 3, 171-176.

Derry, P. A., Chovaz, C. J., Cummings, A. L., & McLachlan, R. S. (1993). *Learned resourcefulness and psychosocial adjustment following temporal lobectomy in epilepsy*. *Journal of Social and Clinical Psychology*, 12(4), 454-470.

McLachlan, R. S., Chovaz, C. J., Blume, W. T., & Girvin, J. P. (1992). *Temporal lobectomy for intractable epilepsy in patients over age 45 years*. *Neurology*, 42, 662-665.

Chovaz, C. J. (1992). *Communicating with the hearing impaired patient*. *Axon*, 13 (3), 77-80.

Chovaz, C. J. (1989). *Nursing the hearing impaired patient: Keeping the lines of communication open*. *The Canadian Nurse*, 67-72.

### **Presentations and Invited Talks**

- 2011 Deaf Children and Mental Health. Invited Colloquium speaker, Dept. of Psychology, Guelph University, Guelph, Ontario.
- 2010 *Hearing Loss and Mental Health*. Tri-Region Infant Hearing Program, Oshawa, Ontario.
- 2010 *Deaf Success in Higher Education*. Ryerson University, Toronto, Ontario.
- 2009 *The effect of language delay on Mental Health, Coalition of Deafness*, Toronto, Ontario.
- 2009 *The Development of the Deaf Kids Mental Health Clinic – A First of Its Kind in Canada*, World Congress of the Deaf, Brisbane, Australia.
- 2008 *Solution-Focused Therapy* for General Support Services (GSS) Counsellors Retreat, Canadian Hearing Society, Nottawasaga Inn, Alliston, Ontario.
- 2008 *The Mental Health Care System* for Deaf Interpreters Training, Canadian Hearing Society, Toronto, Ontario.
- 2008 *Conversation Hour on Diversity in Psychology*. Invited member of panel. Ontario Psychology Association (OPA) Convention, Toronto, Ontario, Canada.
- 2007 *Traumatic Stress Management Training* for Canadian Hearing Society Senior Management, Canadian Hearing Society Head Office, Toronto, Ontario, Canada.
- 2007 Mental Health and Literacy: Hitting the Bulls-eye . Deaf Literacy Initiative, Professional Development and Training Conference, Toronto, Ontario, Canada.
- 2007 *Mental Health and the Deaf and Hard of Hearing Populations*, The David Peikoff Chair of Deafness Studies, University of Alberta, Canada.
- 2006 *"Mental Health and Literacy" for Goal: Ontario Literacy for Deaf People*, Professional Development and Training Conference, Mississauga, Ontario, Canada.
- 2006 Is Your Service Accessible?, Parkwood Hospital, St. Joseph's Healthcare, London, Ontario, Canada.
- 2006 In-patient Services for Deaf Patients", Parkwood Hospital, St. Joseph's

Healthcare, London, Ontario, Canada.

- 2005 Keynote speaker *Celebrating Shared Strength* for the Canadian Hearing Society Annual General Meeting, Toronto, Ontario, Canada.
- 2005 Keynote speaker *Workplace - Personal Stress* for 2 day Canadian Hearing Society Workshop, Kingston, Ontario, Canada.
- 2005 Keynote speaker *Trauma* for 2 day Canadian Hearing Society CONNECT staff retreat, Nottawasaga Inn, Alliston, Ontario, Canada.
- 2005 Mental Health Workshop for the Deaf, deafened and hard of hearing individuals. Canadian Hearing Society CONNECT Program, Hamilton, Ontario, Canada.
- 2004 Literacy and the Deaf Child: Can they or can't they read? Presented to the Department of Psychology, University of Western Ontario, Educational Area Brownbag.
- 2004 *Psychotic Disorders and Deafness*. Presented at the First Canadian Conference on Mental Health and Deafness, Working Together for a Shared Future. Reach Canada, Ottawa, Canada.
- 2004 *Mental Health Workshop* for Deaf, deafened and hard of hearing individuals. Canadian Hearing Society CONNECT program. Kitchener, Ontario.
- 2004 *Mental Health Workshop* for Deaf, deafened and hard of hearing individuals. Canadian Hearing Society CONNECT program. London, Ontario.
- 2004 *Mental Health Interpreters*, Keynote speaker at the Ontario Interpreters Service (OIS), Canadian Hearing Society. Nottawasaga Inn, Alliston, Ontario.
- 2003 *Mental Health and Deafness*. Keynote speaker at the Community University Research Alliance (CURA) Search Conference, London, Ontario.
- 2003 *Childhood Disorders and Deafness*, Keynote speaker for the Professional Development Day, Robarts School for the Deaf, London, Ontario.
- 2003 *Oppositional Defiant Disorder and Deafness*. Keynote speaker for the Professional Development Day, Robarts School for the Deaf, London, Ontario.
- 2002 *Deaf Children and Mental Health*. Keynote speaker at the Southwestern Itinerant Teachers Organization, London, Ontario.
- 2002 *Deaf and ???: Psychotherapy with Deaf Patients*. Keynote speaker for the

Continuing Medical Education, Regional Mental Health Care, London, Ontario.

- 2002 (yearly) *Mental Health with Deaf Patients*. Psychology Resident Teaching Rounds, Health Sciences Centre, London, Ontario. London
- 2002 *Deafness and Mental Health*. Romanow Health Care Commission. Invited speaker to the Public Consultation, Romanow Commission on the Future of Health Care in Canada, Toronto, Ontario.
- 2001 *Raising our Diverse Voices for Positive Change*. Keynote speaker at the International Women's Festival, London, Ontario.
- 2001 *Healthy Minds, Healthy Bodies*. Keynote speaker at a conference for Deaf, deaf, and hard of hearing women. London, Ontario.
- 2000 Cognitive Profiles and the Deaf Brain. Invited lecture to the Advance Course in Deaf Studies, Level 1. University of Western Ontario, London, Ontario.
- 2000 *Cultural Deafness: Implications for Psychologists*. Invited talk to the London Regional Psychological Association, London, Ontario.
- 2000 *One Woman's Journey*. Workshop given at the Gathering Blossoms Under Fire Conference, London, Ontario.
- 2000 Mental Health Interventions with Deaf Patients. Invited talk to the Ontario Council of Deaf Mental Health Issues, Toronto, Ontario.
- 1999 The Development of a Medical Mission Statement. Plenary Speaker to the University of Western Ontario Medical School Class of 1999
- 1998 *Is etiology of deafness associated with different patterns of cognitive function in Deaf children?* Invited speaker, Psychology Dept., London Health Sciences Centre, London, Ontario.
- 1998 *Deafness and psychotherapy*. Invited speaker, Psychiatry Dept., London Health Sciences Centre, London, Ontario.
- 1998 Cultural aspects of deafness. Invited speaker, Victoria Family Medical Centre, London Health Sciences Centre.
- 1997 *Reflective Self-functioning of Hearing Mothers of Children with Hearing loss*. Poster presentation at the Meeting of the Society for Research in Child Development, Washington, D.C., USA.
- 1996 *Qualitative methods in developmental psychology*. Paper given as part of a symposium, Reassessing how we think about the mother-infant attachment relationship: Beyond sensitivity. Ninth Biennial University of

Waterloo Conference on Child Development, Waterloo, Ontario.

- 1996 *The development of the relationship between a Deaf mother and her Deaf infant.* Poster presentation at the Biennial Meeting of the International Conference on Infant Studies, Poster presentation, Providence Rhode Island, USA.
- 1995 *The development of the relationship between a Deaf infant and his Deaf parents.* Poster presentation at the Biennial Meeting of the Society for Research in Child Development, Poster Presentation, Indianapolis, Indiana.
- 1991 *Psychosocial outcome of temporal lobectomy.* Poster presentation at the Canadian Congress of Neurological Sciences Congress, Halifax, Nova Scotia.
- 1991 *Seizure outcome following temporal lobectomy in patients over age 45 years.* Poster presentation at the American Neurological Association Meeting, Poster presentation, Boston, Mass.
- 1990 *Temporal lobectomy over age 45.* Invited speaker at the Canadian Congress of Neurological Sciences, Platform presentation, Banff, Alberta.
- 1990 *The hearing impaired patient.* Keynote speaker at the Canadian Association of Neuroscience Nurses Conference, Plenary speaker, Banff, Alberta.
- 1989 *Differing degrees of Silence.* Women's Focus on Health Care Conference. Invited speaker, University of Western Ontario, London, Ontario.

### ***Journal Reviewer***

2006 - 2011 Editorial Board for the Journal of Deaf Studies and Deaf Education

### **Grants and Awards**

- 2010 Internal Research Grant – Kings University College at the University of Western Ontario
- 2009 Internal Research Grant - Kings University College at the University of Western Ontario
- 2008 Mayor's New Year's Honour List, London, Ontario, Canada
- 2004 -2007 USC Teaching Honour Roll Award of Excellence - University of Western Ontario
- 2004 Certificate of Appreciation - CONNECT Counselling Services, Canadian Hearing Society Waterloo Region
- 2000 Community Award, The Canadian Hearing Society, London, Ontario
- 1998 Social Sciences and Humanities Research Council of Canada (SSHRC) Fellowship

- 1998 Co-Investigator, Health Services Research Fund, London Health Sciences Centre
- 1997 University of Western Ontario Graduate Research Fellowship
- 1996 June Opie Doctoral Fellowship, University of Auckland, New Zealand
- 1994-1998 Student University Scholarship, University of Western Ontario, London
- 1994 District 18 Quota International Inc. Fellowship, Ottawa, Ontario